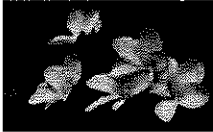


STOUGHTON COA CALENDAR JUNE 2025

Stoughton Council on Aging ~ www.stoughton.org/355/Council-on-Aging

JUNE 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 Walking Club 2 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin & Groovin 12:00 Writer's Club 12:00 Mah Jong 12:15 Bananagrams	7:30 Grocery Shopping 3 10:00 Coloring 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 4 9:30 Forever Young & Fit 10:30 Yoga w/Deb 11:00 Lunch w/Charlie 12:00 Scrabble 1:00 Kev Tech 3:00 COA Board Meeting	10:30 Blood Pressure 5 11:00 Men's Brunch 11:00 Lunch w/Charlie 11:00 Quilting/Knitting 11:30 Bereavement Group 1:00 Crochet 3:00 Spanish Class 5:00 Zumba Gold	8:00 Walking Club 6 9:30 Watercolor
8:00 Walking Club 9 9:00 Foot Care 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin & Groovin 12:00 Writer's Club 12:00 Mah Jong 12:15 Bananagrams 1:00 Therapy Garden	7:30 Grocery Shopping 10 10:00 Coloring 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 11 9:30 Forever Young & Fit 10:30 Yoga w/Deb 11:00 Lunch w/Charlie 12:00 Scrabble 1:00 Kev Tech 2:00 Cookie Decorating	10:30 Blood Pressure 12 11:00 Quilting/Knitting 11:30 Bereavement Group 12:00 Food Pantry Delivery 1:00 Crochet 3:00 Spanish Class 5:00 Zumba Gold	8:00 Walking Club 13 9:00 Breakfast Club @ Beantown Diner 9:30 Watercolor 10:00 Diamond Art
8:00 Walking Club 16 11:00 Lunch w/Charlie 12:00 Writer's Club 12:00 Mah Jong 12:15 Bananagrams No Exercise Today!	7:30 Grocery Shopping 17 10:00 Coloring 10:30 Grocery Shopping 11:00 Short Story Group NO Bingo Today! 	8:00 Walking Club 18 8:30 Fosters Clam Bake 11:00 Lunch w/Charlie 12:00 Scrabble No Exercise Today!	19 CLOSED JUNETEENTH 	8:00 Walking Club 20 9:30 Watercolor 
8:00 Walking Club 23 9:00 Haircuts 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin & Groovin 12:00 Mah Jong 12:30 Bananagrams	7:30 Grocery Shopping 24 10:00 Coloring 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 25 9:30 Forever Young & Fit 10:30 Yoga w/Deb 11:00 Lunch w/Charlie 12:00 Scrabble 1:00 Mass Audubon 1:30 Low Vision Group	9:00 Haircuts 26 10:30 Blood Pressure 11:00 Lunch w/Charlie 11:00 Quilting/Knitting 11:30 Bereavement Group 11:00 Cookout w/ Adlie and Mike 1:00 Crochet 3:00 Spanish Class 5:00 Zumba Gold	8:00 Walking Club 27 9:30 Watercolor
8:00 Walking Club 30 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin & Groovin 12:00 Mah Jong 12:30 Bananagrams		Red - Craft Room Orange - Parking Lot Green - Big Room Blue - Lobby Indigo - Library Violet - Lunch Room Pink - Off-Site		