

STOUGHTON COA CALENDAR APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7:30 Grocery Shopping 1 9:30 Eavan Dixey PAM Specialty Hospital 10:00 Coloring! 10:30 Grocery Shopping 11:30 BINGO April Fools' Day	8:00 Walking Club 2 11:00 Lunch w/Charlie 9:30 Forever Young & Fit 10:30 New Yoga w/Deb 12:00 Scrabble 1:00 Kev Tech 3:00 COA Board Meeting 	10:30 Blood Pressure 3 11:00 Lunch w/Charlie 11:00-12:30 Quilting 11:30 Bereavement Group 1:00-2:30 Crochet 3:00-5:00 French Class 6 5:00 Zumba Gold	8:00 Walking Club 4 9:00 Balance class 4 9:30 Watercolor 6 
8:00 Walking Club 7 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin ' & Groovin' 12:00 Mah Jong 12:15 Bananagrams 3-4 Help Center	7:30 Grocery Shopping 8 10:00 Coloring 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 9 9:30 Forever Young & Fit 10:30 New Yoga w/Deb 11:00 Lunch w/Charlie 12:00 Scrabble 1:00 Kev Tech	10:30 Blood Pressure 10 11:00-12:30 Quilting 11:30 Bereavement Group 12:00 Food Pantry Delivery 1:00-2:30 Crochet 5:00 Zumba Gold 	8:00 Walking Club 11 9:00 Balance class 5 9:00 Breakfast Club @ Beantown Diner 10-11:30 Apple Club with Bill Perry
8:00 Walking Club 14 9:00 Foot Care 9:30 FOREVER FIT 10:30 TAI CHI 11:00 Lunch w/Charlie 11:30 MOOVIN & GROOVIN 12:00 Writer's Club 12:00 Mah Jong 12:30 Bananagrams	7:30 Grocery Shopping 15 9:30 Jill McCarrick AVON 10:00 Coloring 11:00 Short Story 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 16 9:30 Forever Young & Fit 10:30 New Yoga w/Deb 11:00 Lunch w/Charlie 12:00 Scrabble 2:00 Cookies with Karen 	10:30 Blood Pressure 17 11:00 Men's Breakfast 11-12:30 Quilting/Knitting 11:00 Lunch w/Charlie 11:30 Bereavement Group 1:00-2:30 Crochet 1:00-3 Multiple Sclerosis 3:00-5:00 French Class 1 5:00 Zumba Gold	8:00 Walking Club 18 9:00 Balance class 6 9:30 Watercolor 1 
8:00 Walking Club 21 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin & Groovin 12:00 Mah Jong 12:30 Bananagrams	7:30 Grocery Shopping 22 10:00 Coloring 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 23 9:30 Forever Young & Fit 10:30 New Yoga w/Deb 11:00 Lunch w/Charlie 12:00 Scrabble 1:00 OCES Fall Prevention 	10:30 Blood Pressure 24 11:00 Lunch w/Charlie 11-12:30 Quilting/Knitting 11:30 Bereavement Group 1:00-2:30 Crochet 3:00-5:00 French Class 2	8:00 Walking Club 25 9:00 Balance class 1- Patterns For Brain Health 9:30 Watercolor 2 
8:00 Walking Club 28 9:00-11:15 Haircuts 9:30 Forever Young & Fit 10:30 Tai Chi 11:00 Lunch w/Charlie 11:30 Movin & Groovin 12:00 Mah Jong 12:15 Bananagrams 1:30 Low Vision Support Group	7:30 Grocery Shopping 29 10:00 Coloring! 10:30 Grocery Shopping 11:30 BINGO 	8:00 Walking Club 30 9:30 OCES Bringing Health To You 11:00 Lunch w/Charlie 12:00 Scrabble		Red - Craft Room Green - Big Room Blue - Lobby Indigo - Library Violet - Lunch Room Pink - Off-Site