

A close-up photograph of a clear glass pitcher pouring water into a matching glass. The water is captured mid-pour, creating a dynamic, crystalline stream. The background is softly blurred, showing hints of a kitchen setting with warm lighting. Overlaid on the image are several thin, curved white lines that sweep across the frame, adding a modern, graphic design element.

ANNUAL WATER QUALITY REPORT

WATER TESTING PERFORMED IN 2015

Presented By
Stoughton Water Dept

Meeting the Challenge

Once again we are proud to present our annual drinking water report, covering all drinking water testing performed between January 1 and December 31, 2015. Over the years, we have dedicated ourselves to producing drinking water that meets all state and federal standards. We continually strive to adopt new methods for delivering the best quality drinking water to your homes and businesses. As new challenges to drinking water safety emerge, we remain vigilant in meeting the goals of source water protection, water conservation, and community education while continuing to serve the needs of all of our water users.

Please remember that we are always available to assist you, should you ever have any questions or concerns about your water.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or <http://water.epa.gov/drink/hotline>.



Public Meetings

The Board of Selectman, acting as Water Commissioners, hold regular meetings in the Spring of every year to discuss rate changes and any issues the public would like to bring to their attention.

Information on the Internet

The U.S. EPA (www.epa.gov/Your-Drinking-Water) and the Centers for Disease Control and Prevention (www.cdc.gov) Web sites provide a substantial amount of information on many issues relating to water resources, water conservation and public health. Also, the DEP has a Web site (www.mass.gov/eea/agencies/massdep/water/drinking) that provides complete and current information on water issues in Massachusetts, including valuable information about our watershed.

Substances That Could Be in Water

To ensure that tap water is safe to drink, the Department of Environmental Protection (DEP) and the U.S. Environmental Protection Agency (U.S. EPA) prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) and Massachusetts Department of Public Health (DPH) regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and which may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

More information about contaminants and potential health effects can be obtained by calling the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

Benefits of Chlorination

Disinfection, a chemical process used to control disease-causing microorganisms by killing or inactivating them, is unquestionably the most important step in drinking water treatment. By far, the most common method of disinfection in North America is chlorination.

Before communities began routinely treating drinking water with chlorine (starting with Chicago and Jersey City in 1908), cholera, typhoid fever, dysentery, and hepatitis A killed thousands of U.S. residents annually. Drinking water chlorination and filtration have helped to virtually eliminate these diseases in the U.S. Significant strides in public health are directly linked to the adoption of drinking water chlorination. In fact, the filtration of drinking water plus the use of chlorine is probably the most significant public health advancement in human history.

How chlorination works:

Potent Germicide Reduction in the level of many disease-causing microorganisms in drinking water to almost immeasurable levels.

Taste and Odor Reduction of many disagreeable tastes and odors like foul-smelling algae secretions, sulfides, and odors from decaying vegetation.

Biological Growth Elimination of slime bacteria, molds, and algae that commonly grow in water supply reservoirs, on the walls of water mains, and in storage tanks.

Chemical Removal of hydrogen sulfide (which has a rotten egg odor), ammonia, and other nitrogenous compounds that have unpleasant tastes and hinder disinfection. It also helps to remove iron and manganese from raw water.

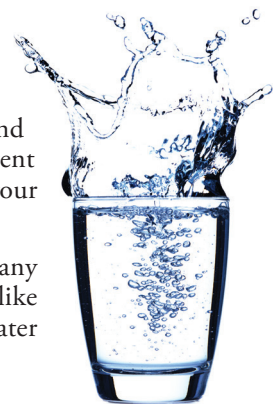
Water Main Flushing

Distribution mains (pipes) convey water to homes, businesses, and hydrants in your neighborhood. The water entering distribution mains is of very high quality; however, water quality can deteriorate in areas of the distribution mains over time. Water main flushing is the process of cleaning the interior of water distribution mains by sending a rapid flow of water through the mains.

Flushing maintains water quality in several ways. For example, flushing removes sediments like iron and manganese. Although iron and manganese do not pose health concerns, they can affect the taste, clarity, and color of the water. Additionally, sediments can shield microorganisms from the disinfecting power of chlorine, contributing to the growth of microorganisms within distribution mains. Flushing helps remove stale water and ensures the presence of fresh water with sufficient dissolved oxygen, disinfectant levels, and an acceptable taste and smell.

During flushing operations in your neighborhood, some short-term deterioration of water quality, though uncommon, is possible. You should avoid tap water for household uses at that time. If you do use the tap, allow your cold water to run for a few minutes at full velocity before use and avoid using hot water, to prevent sediment accumulation in your hot water tank.

Please contact us if you have any questions or if you would like more information on our water main flushing schedule.



Where Does My Water Come From?

Our water system includes seven ground water supply wells and pumping stations, a connection to the Massachusetts Water Resources Authority (MWRA on Island Street), four water storage tanks, and approximately 149 miles of water main. In addition, Stoughton maintains emergency pump stations to obtain water from the Towns of Canton and Brockton and two emergency interconnections to obtain water from the Towns of Easton and Sharon. About 55% of your drinking water is from Stoughton's own water resources, with the remaining 45% from the MWRA supply. Contact info for the MWRA is: www.mwra.com or 617-242-6000.

QUESTIONS?

Want to know more about the Stoughton water supply system or interested in participating in the decision-making process? Please contact Phil McNulty, Assistant Superintendent Water & Sewer, at the Stoughton Public Works Department at (781) 344-2112 with any questions, comments, or concerns. We are located at 950 Central Street near the intersection at Route 138.

To The Last Drop

The National Oceanic and Atmospheric Administration (NOAA) defines drought as a deficiency in precipitation over an extended period of time, usually a season or more, resulting in a water shortage causing adverse impacts on vegetation, animals, and/or people. Drought strikes in virtually all climate zones, from very wet to very dry.

There are primarily three types of drought: Meteorological Drought refers to the lack of precipitation, or the degree of dryness and the duration of the dry period; Agricultural Drought refers to the agricultural impact of drought, focusing on precipitation shortages, soil water deficits, and reduced ground water or reservoir levels needed for irrigation; and Hydrological Drought, which pertains to drought that usually occurs following periods of extended precipitation shortfalls that can impact water supply (i.e., stream flow, reservoir and lake levels, ground water).

Drought is a temporary aberration from normal climatic conditions, thus it can vary significantly from one region to another. Although normally occurring, human factors, such as water demand, can exacerbate the duration and impact that drought has on a region. By following simple water conservation measures, you can help significantly reduce the lasting effects of extended drought.

To learn more about water conservation efforts, check out U.S. EPA's Water Conservation Tips for Residents at www.epa.gov/region1/eco/drinkwater/water_conservation_residents.html.

What Are PPCPs?

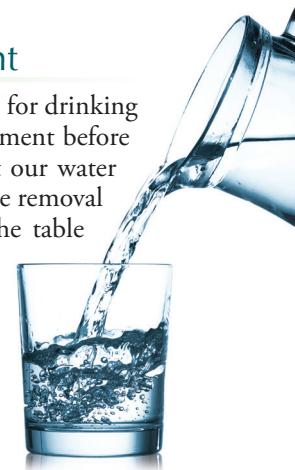
When cleaning out your medicine cabinet, what do you do with your expired pills? Many people flush them down the toilet or toss them into the trash. Although this seems convenient, these actions could threaten our water supply.

Recent studies are generating a growing concern over pharmaceuticals and personal care products (PPCPs) entering water supplies. PPCPs include human and veterinary drugs (prescription or over-the-counter) and consumer products, such as cosmetics, fragrances, lotions, sunscreens, and house cleaning products. From 2006 to 2010, the number of U.S. prescriptions increased 12 percent to a record 3.7 billion, while nonprescription drug purchases held steady around 3.3 billion. Many of these drugs and personal care products do not biodegrade and may persist in the environment for years.

The best and most cost-effective way to ensure safe water at the tap is to keep our source waters clean. Never flush unused medications down the toilet or sink. Instead, check to see if the pharmacy where you made your purchase accepts medications for disposal, or contact your local health department for information on proper disposal methods and drop-off locations. You can also go on the Web (www.earth911.com/recycling-guide/how-to-recycle-unwanted-or-expired-medications) to find more information about disposal locations in your area.

Stoughton's Water Treatment

To meet state and federal requirements for drinking water, our source water receives treatment before it is supplied to our customers. We treat our water for corrosion control, disinfection, and the removal of iron and manganese, as detailed in the table in this report. The pH of the water is raised with lime or potassium hydroxide to reduce its corrosivity in household plumbing. Lime is used at all wells, with the exception of Pratt's Court where we use potassium hydroxide.



About Our Violations

From September 8 through 21, 2015, we were in violation of the MCL for total coliforms, and fecal coliforms and *E. coli* bacteria. Actions taken: Cleaned and chlorinated storage tank (Forrest Road); Flushed mains to Easton Line and resampled until clear.

Coliforms are bacteria that are naturally present in the environment and are used as an indicator that other, potentially harmful, bacteria may be present. Coliforms were found in more samples than allowed and this was a warning of potential problems. Fecal coliforms and *E. coli* are bacteria whose presence indicates that the water may be contaminated with human or animal wastes. Microbes in these wastes can cause short-term effects, such as diarrhea, cramps, nausea, headaches, or other symptoms. They may pose a special health risk for infants, young children, and people with severely compromised immune systems.

Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/lead.



Is tap water cheaper than soda?

Yes! You can refill an 8 oz. glass of tap water approximately 15,000 times for the same cost as a six-pack of soda pop. And, water has no sugar or caffeine.

How long can a person go without water?

Although a person can live without food for more than a month, a person can only live without water for approximately one week.

When was drinking water first regulated?

The Safe Drinking Water Act (SDWA) of 1974 represents the first time that public drinking water supplies were protected on a federal (national) level in the U.S. Amendments were made to the SDWA in 1986 and 1996.

Seventy-one percent of Earth is covered in water: how much is drinkable?

Oceans hold about 96.5 percent of all Earth's water. Only three percent of the earth's water can be used as drinking water. Seventy-five percent of the world's fresh water is frozen in the polar ice caps.

How much water do we use every day?

The average person in the U.S. uses 80 to 100 gallons of water each day. (During medieval times a person used only 5 gallons per day.) It takes 2 gallons to brush your teeth, 2 to 7 gallons to flush a toilet, and 25 to 50 gallons to take a shower.

Sampling Results

During the past year, we have taken hundreds of water samples to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water.

The state requires us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
<i>E. coli</i> [at the groundwater source] (# positive samples)	2015	NA	0	1	NA	Yes	Human and animal fecal waste in untreated groundwater
Nitrate (ppm)	2015	10	10	4.3	0.64–4.3	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Perchlorate (ppb)	2015	2	NA	0.27	0.06–0.27	No	Inorganic chemicals used as oxidizers in solid propellants for rockets, missiles, fireworks and explosives.
Total Coliform Bacteria (# positive samples)	2015	1 positive monthly sample	0	9	NA	Yes	Naturally present in the environment
Tap water samples were collected for lead and copper analyses from sample sites throughout the community.							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE AL/ TOTAL SITES	VIOLATION	TYPICAL SOURCE
Copper (ppm)	2014	1.3	1.3	0.274	2/35	No	Corrosion of household plumbing systems; Erosion of natural deposits
Lead (ppb)	2014	15	0	7.5	1/35	No	Corrosion of household plumbing systems; Erosion of natural deposits
SECONDARY SUBSTANCES							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	SMCL	MCLG	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Manganese ¹ (ppb)	2015	50	NA	0.433	0–0.433	No	Leaching from natural deposits

¹ Manganese is a naturally occurring mineral found in rocks, soil and groundwater, and surface water. Manganese is necessary for proper nutrition and is part of a healthy diet, but can have undesirable effects on certain sensitive populations at elevated concentrations. U.S. EPA and MADEP have established public health advisory levels for manganese to protect against concerns of potential neurological effects.

Definitions

90th Percentile: Out of every 10 homes sampled, 9 were at or below this level.

AL (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).

SMCL (Secondary Maximum Contaminant Level): SMCLs are established to regulate the aesthetics of drinking water like appearance, taste and odor.